

BREAKFAST							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	05-Apr	06-Apr	07-Apr	08-Apr	09-Apr	10-Apr	11-Apr
Style of Eggs	Scrambled or Fried	Scrambled	Fried	Fried Eggs (Over Easy)	Omelet or Fried	Scrambled or Fried	Scrambled or Fried
Special # 1	Breakfast Sandwich	Pancakes	Waffle Wednesday	Western Sandwich	Vegetarian Omelet	Breakfast Burrito	Breakfast Sandwich
Special # 2	Full Breakfast	Breakfast Burrito	Full Breakfast	Full Breakfast	Breakfast Sandwich	Breakfast Bagel	Full Breakfast
Side Protein	Bacon or Tofu	Bacon or Tofu	Bacon, Sausages or Tofu	Sausage or Tofu	Bacon or Tofu or Ham	Bacon or Tofu	Bacon, Sausages or Tofu
Side 2	Yogurt Parfait	Strawberry Banana Smoothie	Mango Smoothie	Yogurt Parfait	Strawberry Banana Smoothie	Yogurt Parfait	Yogurt Parfait
Side 3	Toast or English Muffin		Toast	Toast	Toast or English Muffin	Bagel	Toast or Bagel
Side 4	Hash Browns	Home Fries	Hash Browns	Home Fries	Home Fries		Home Fries
Pastry							
Fruit	Fruit Selection Available	Fruit Selection Available	Fruit Selection Available	Fruit Selection Available	Fruit Selection Available	Fruit Selection Available	Fruit Selection Available
Cereal	Cold Cereal	Hot Oatmeal Cereal	Cold Cereal	Hot Oatmeal Cereal	Cold Cereal	Hot Oatmeal Cereal	Cold Cereal
Beverage Choices	Milk, Juice, Tea, Coffee, Hot Chocolate	Milk, Juice, Tea, Coffee, Hot Chocolate	Milk, Juice, Tea, Coffee, Hot Chocolate	Milk, Juice, Tea, Coffee, Hot Chocolate	Milk, Juice, Tea, Coffee, Hot Chocolate	Milk, Juice, Tea, Coffee, Hot Chocolate	Milk, Juice, Tea, Coffee, Hot Chocolate
LUNCH							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup or Salad of the Day	Mushroom Soup Or Garden Salad	Caesar Salad Or Garden Salad	Chicken Noodle Or Garden Salad	Pasta Salad	Mushroom Soup Or Garden Salad	N/A	N/A
Sandwiches	N/A	N/A	N/A	N/A	N/A	Turkey, Ham or Tuna Ciabatta (Ask Chef for Vegan Option)	Turkey, Ham or Tuna Ciabatta (Ask Chef for Vegan Option)
Lunch Entrée 1	Black Bean & Quinoa Burger	Hummus Hippie Bowl	Vegetable Pasta Bake	Black Bean Burrito	Roasted Vegetable Burger	N/A	N/A
Lunch Entrée 2	Tuna Melt	Turkey, Ham or Tuna Ciabatta	Cajun Shrimp Taco	Cubano Sandwich	Chicken Quesadilla	N/A	N/A
Daily Pizza	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Vegan/Dairy Free Dessert	Apple Strudel	Apple Strudel	Apple Strudel	Apple Strudel	Apple Strudel	Apple Strudel	Apple Strudel
Desserts	Butter or Lemon Tart, Pudding, Banana Loaf, Brownies, Fresh Fruit, Potato Chip	Butter or Lemon Tart, Pudding, Banana Loaf, Brownies, Fresh Fruit, Potato Chip	Butter or Lemon Tart, Pudding, Banana Loaf, Brownies, Fresh Fruit, Potato Chip	Butter or Lemon Tart, Pudding, Banana Loaf, Brownies, Fresh Fruit, Potato Chip	Butter or Lemon Tart, Pudding, Banana Loaf, Brownies, Fresh Fruit, Potato Chip	Butter or Lemon Tart, Pudding, Banana Loaf, Brownies, Fresh Fruit, Potato Chip	Butter or Lemon Tart, Pudding, Banana Loaf, Brownies, Fresh Fruit, Potato Chip
DINNER ENTRÉE							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dinner Option 1	Grilled Beef Burger	Lime & Chili Chicken Breast	Chicken Fried Rice	Cheese Tortilini	Chicken Parmesan	Chef's Special	Chef's Special
Vegan Option 2	Tempeh Stir Fry	Sesame & Teriyaki Noodle Bowl	Sweet & Sour Tofu	Sweet Potato & Lentil Stew	Lemon Tofu		
Grill Option	Pulled Pork Slider	Pulled Pork Slider	Pulled Pork Slider	Pulled Pork Slider	Pulled Pork Slider	Pulled Pork Slider	Pulled Pork Slider
Starch	Roasted Sweet Potatoes	Mashed Potatoes	Steamed Rice	Garlic Bread	Rice Noodles		
Vegetable	Cauliflower	Peas	Corn	Broccoli	Asparagus		
Side Dish	French Fries	French Fries	French Fries	Garden Salad	Garden Salad		
Pizza (4 slice / 6")	Ham & Pineapple	Roasted Pepper	BBQ Chicken	Three Cheese	Italian Sausage		
Vegan/Dairy Free Dessert	Apple Strudel	Apple Strudel	Apple Strudel	Apple Strudel	Apple Strudel	Apple Strudel	Apple Strudel
Desserts	Butter or Lemon Tart, Pudding, Banana Loaf, Brownies, Fresh Fruit, Potato Chip	Build Your Own Sundae	Butter or Lemon Tart, Pudding, Banana Loaf, Brownies, Fresh Fruit, Potato Chip	Butter or Lemon Tart, Pudding, Banana Loaf, Brownies, Fresh Fruit, Potato Chip	Butter or Lemon Tart, Pudding, Banana Loaf, Brownies, Fresh Fruit, Potato Chip	Butter or Lemon Tart, Pudding, Banana Loaf, Brownies, Fresh Fruit, Potato Chip	Butter or Lemon Tart, Pudding, Banana Loaf, Brownies, Fresh Fruit, Potato Chip

Breakfast Burrito: 2 scrambled eggs, cheese, 2 slices bacon, hash browns, lettuce & tomato on tortilla

VEGAN	VEGETARIAN OPTION AVAILABLE	VEGAN PROTEIN/ GLUTEN FREE AVAILABLE	GLUTEN FREE
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