

Features	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Feature 1	Potato Broccoli R	Beef Barley R	Cream Of Asparagus R	Corn Chowder R	Potato Leek R	A la Carte	A la Carte
Soup Feature 2	Tomato Lemon R	Chicken Noodle R	Minestrone R	Tomato Mac R	Split Pea R	A la Carte	A la Carte
Deli Feature	Turkey Pesto	Garlic Grilled Cheese	Chicken Flat Bread	Salami on Rye	Italian Beef	A la Carte	A la Carte
Smoothie 7:30-1:00	Mango	Pineapple Coconut R	Berry Blend R	Banana Strawberry R	Strawberry Orange R		
Lunch Feature 1	Peameal Bacon Sandwich R	Baja Salad	Jamaican Patties R	Fried Sausage Pasta R	Waffle Bar R	A la Carte	A la Carte
Lunch Feature 2	Broccoli & Cheese Quiche R	Hot Beef Sandwich R	Turkey Burger \$8.99	Roasted Vegetable Burger	Chicken Fajitas R	A la Carte	A la Carte
Pizza Feature	Canadian R	Goat Cheese & Spinach R	Spicy Hawaiian R	Peppers & Sausage R	Pesto Chicken R	A la Carte	A la Carte
Evening Feature 1	Baked Salmon R	Chinese Platter R	BBQ Ribs & Fried Chicken	Chicken Cacciatore R	Sheppard's Pie R	Vegetarian "meat" Pies R	Bangers & Mash R
Evening Feature 2	Butter Chicken R	Chinese Platter R		Eggplant Parmesan R	Tortellini R	Beef Pot Pies R	Meatballs & Pasta R

\* Selections in green are served or can be served as vegetarian \*Selections in blue are vegan & gluten free \*Selection in red are or can be gluten free\*